

## **Everyone Should Bring:**

- A great attitude!
- Paper and pen (can be a little notepad or note book)
- Sleeping Bag and Pillow
- Bath Towel and Washcloth
- Swim Towel (separate from bath towel)
- Toiletries (e.g., soap, toothbrush, toothpaste, lip balm, hair brush, etc.)
- Sunscreen & Bug Spray
- Medications
  - Please note: <u>ALL</u> medications <u>MUST</u> be in their original bottle with the <u>CAMPER'S</u> name, regardless of whether the medication is prescription or over-the-counter.
- Water Bottle
- Sunglasses
- Flashlight
- Clothing for the week that you can get dirty and be active in! *Please note: it can be very warm AND quite cool here. Check the weather and plan for both.* 
  - Sweatshirt
  - o Jacket
  - Long pants
  - Swim Suit
  - o Underwear
  - o Socks
  - o Shoes
    - Everyone must have closed-toe shoes, as some activities require them
    - All sandals must have a back strap. Flip flops may only be worn to the shower or pool

## **Items to Consider:**

- Bible (if you'd like to, bring it! If you're worried about losing it, you can borrow one or scripture will be printed out for you during Bible study and other activities.)
- Hat
- Rain jacket or poncho
- Twin fitted sheet and blanket for extra comfort
- Camera
- Book for rest time or before bed
- Addresses for mail
- Money for the Trading Post (open every evening during camp)
  - Cash is not accepted at the Trading Post during the week. You may put money on an account through our online registration system or during in-person check-in on Sunday.

## Do <u>NOT</u> Bring to Camp:

- Weapons (including guns and knives), fireworks, matches, lighters\*
- Non-medical drugs, alcohol, tobacco, vapes, e-cigarettes\*
- Cellphones and tablets
- Valuables (we have no place to lock up personal items)
- Food (unless you want to welcome some extra forest residents into your cabin!)

\*To maintain safe and quality programming, as well as the privacy of all campers, these are strictly prohibited. If your camper is found to be in possession of, and/or using, the above they may be sent home at the discretion of the Program and Executive Directors and at your expense.