

Mt. Cross Women's Retreat Schedule

March 13-15, 2026

Time	Activity
FRIDAY, MARCH 13	
From 7pm	Arrival and Move into rooms (Parking lot)
8pm	Campfire (Lower Jensen Patio)
8:45pm	Social Time (Dining Hall)
9:30pm	Evening Prayer (Upper Jensen)
SATURDAY, MARCH 14	
7:30am	Yoga (Upper Jensen)
8am	Breakfast (Dining Hall)
9-10:45	Session I with Pr Friederike (Upper Jensen)
10:45am	Break
11:00am	Yoga (Upper Jensen)
11:55am	TAKE A GROUP PICTURE (Ball Field)
12:00pm	Lunch (Jensen Patio)
12:30-2pm	Lunch Break: Hikes, Crafts, Archery, Choose Your Own Adventure!
2-3:30pm	Session II with Pr Friederike (Upper Jensen)
3:30pm	Coffee Break + Snacks
4-5pm	Session III with Pr Friederike (Upper Jensen)
5pm	Sound Bath (Upper Jensen)
6pm	Dinner (Dining Hall)
7pm	Campfire (Lower Jensen Patio)
8:30pm	Social Time + Group Game (Dining Hall)
9:30pm	Evening Prayer (Upper Jensen)
SUNDAY, MARCH 15	
8:00am	Yoga (Upper Jensen)
8:45am	Morning Worship with Holy Communion (Outdoor Chapel)
9:30am	Breakfast (Dining Hall)
10am	Packing & Departure